

**Middle School
Lunch Menu**

March 2024

**Regular Lunch \$3.00
Milk \$0.50**

Reduced Lunch ~~\$0.40~~ FREE **Adult \$4.50**
Daily milk choices include non-fat (flavored and unflavored) or 1 % milk (unflavored). --- Whole Grain = WG



Monday	Tuesday	Wednesday	Thursday	Friday
4 Sausage, Egg and Cheese Breakfast Sandwich Hashbrown Patty Applesauce Cup	5 Nacho Dippy Dips Steamed Carrots Asst. Fruit	6 Chicken Fries Black Bean and Corn Ranchero Apple Slices	7 Rotini w/ Meat Sauce Romano Blend Veggies Pineapple Tidbits	8 Big Daddy's Pizza Tossed Italian Salad Strawberry Cup
11 Chicken Nuggets Mashed Potatoes Corn Mixed Berry Cup	12 Grilled Cheese Tomato Soup Peach Cup	13 BBQ Pulled Pork Sandwich Roasted Ranch Potatoes Mandarin Oranges	14 Cheesy Taco Bake Refried Beans Chilled Fruit	15 Mickey's Pizza Fresh Broccoli w/ Dip Fresh Orange
18 American Sub 3 Bean Salad Pears	19 1st Day of Spring!!!! Hot Dog Baked Beans Blue Raspberry - Lemon Ice 	20 Goulash Steamed Broccoli Pineapple Tidbits	21 Holiday Meal Baked Ham Dinner Roll Scalloped Potatoes Green Beans Sherbert	22 Cheesy Garlic Breadsticks Tossed Italian Salad Fresh Apple
25 Pancakes Sausage Patty Tater Tots Applesauce	26 Chicken Patty Baked Curly Fries Asst. Fruit	27 Act 80 Day No School	28 No School 	29 No School

**"Regular"
Meal
Information:**

To receive a complete meal for the Paid price of \$3.00, Reduced Price of \$0.40, or for Free you must choose at least 3 of the 5 components of a "Regular Lunch" :

- * Grain
- * Meat or Meat Alt.
- * Fruit or Fruit Juice
- * Vegetable
- * Milk

Students may take all 5 components if they choose!!

Federal Regulations require that at least one of the component choices must be a fruit or vegetable.

